



COACH

TYPE: Part Time & Full time - From 20-40 hours per week (various contracts available)

LOCATION: London

SALARY: Starting at £29000- £38000 per annum (pro rata)

StrongHer is London's first strictly women-only strength & conditioning space we are on the lookout for some incredible personalities to join our coaching team.

Applicants should have a serious passion for fitness/health/well-being as well as wanting to specifically get more women confident with strength training. LVL 2 fitness instruction and Lvl 3 Personal training qualification OR equivalent. Any DBS/First Aid certifications and customer-facing experience, specialist strength skills are a bonus but not required.

Shifts rotate & possible start times of 6 am would be required. It would also be required to be available at weekends on a rotational basis.

You should...

- Love all forms of strength training and nutrition (have a speciality e.g CrossFit or calisthenics)
- Have a passion and want for helping women get confident with strength training
- Be hard working, enthusiastic and use initiative
- Enjoy working as part of a team
- Be well-organised and punctual
- Want to build a career in the fitness industry and build with the company
- Be available to work on shifts
- Customer focused approach
- Have a get stuck in "hands-on" attitude

Duties will include:

- Delivery of 1:1 Inductions for our gym, class and warrior members
- Taking Accountability calls with gym, class and warrior members and advising of the best classes for their goal
- Assisting clients on the gym floor
- Updating client notes
- Supporting Class coaches with class setup
- Maintaining cleanliness of Gym floor
- Communicating with Line Manager Head of Fitness/ Head of concept
- Assistant Head of Fitness with upload of programming
- Coaching Large group, Semi-Private personal training sessions (when passed through the relevant training)
- Personal Training Clients
- General Studio assistant duties when required

What we have to offer:

- Pension plan and quarterly target-based commission
- 28 days holiday + 1 day for every year of service (full-time roles) Pro-rata for part-time contracts
- Train clients on shift (Full-time contracts only)
- Provided with PT clients
- Chance to be a part of a small company that thinks big
- Free use of gym and classes
- Partner Brand discounts and opportunities

To apply:

Please email fitness@strongher.co.uk an up-to-date CV and COVER LETTER. Plus please put a video (Max 90 seconds) that describes why you think you would be a good fit for StrongHer and show us your personality in



[HERE](#) We need to know your notice period.
We look forward to receiving your application and meeting you.